## Overnight Approval Sheet for Thursday January 26<sup>th</sup>

Mr. Lord and School Board members,

On behalf of Clarinda High School's girls wrestling team I, Jason Gordon, the 7-12 girls wrestling coach would like to request overnight approval for the super regional, state gualifying tournament on Friday, January 27<sup>th</sup>.

January 4<sup>th</sup> the IHSGAU posted the Regional Wrestling Assignments. Of the 185 schools that have adopted girls wrestling, Clarinda is one of 45 teams assigned to the Tyson Events Center located in Sioux City which is a 2 hour 49 minute trip.

#### Proposed Timeline - leaving Thursday afternoon.

1:30pm - Leave school in car or suburban (Districts choice) 4:30pm - Arrive at hotel (2 rooms) 5:00pm - Explore and workout in the Arena 6:30pm - Return to the hotel and relax 9:00pm - Lights out 6:30am - Wake 7:30am - Leave hotel 8:00am - Arrive at Arena rested 9:00am - Weigh in 10:00am - Warm up to wrestle 11:00am - Tournament begins Pros to timeline: -Well rested for the day and 3 hour evening return home.

## Attachments:

-Regional Wrestling Assignments -Regional Wrestling Schedule -Picture of Tyson Event Center

-Time to lose weight if necessary.

-Less weather concerns.

### COMPARED TO

# Leaving Friday Morning Timeline

4:30am -Pickup suburban from McKinley

5:00am - Leave Clarinda no later than 5:00am Friday morning (2hours 49 minutes).

8:00am - Arrive no later than 8:00am (considering parking, checking in & weight check).

9:00am - All event participants will be lined up by ready to weigh in at 8:45am

Transportation - 1 Suburban, 1 coach, 2 ninth grade wrestlers.

### Cons to timeline:

-Trying to go to bed early for early departure affecting rest.

-Night before excitement for an upcoming even affecting rest.

-Wrestlers have expressed they do not sleep well in vehicles.

-If there is inclement weather we will have to leave even earlier.

Thank you for your consideration. Both girls have winning records and make this request to give our best performance at the state qualifying tournament.

Tyson Events Center - 401 Gordon Dr, Sioux City, IA 51101

Hotel – Clarinda Community School District's Choice within 15minutes of arena preferred. Thursday January 26<sup>th</sup> - 2 rooms (1 for coach, 1 for two girls).

Regional wrestling assignments where posted to on Jan 4th

Coach – Jason Gordon Wrestlers – Kambry Gordon & Jalon Olson.