

### PD EXPRESS: 1 hour courses

Course #	Course Title	Course Description
<b>PDX-101</b>	PD Express: Attention Techniques	Explore multiple strategies for getting students' attention so that you can move them forward without wasting time.
<b>PDX-102</b>	PD Express: Differentiation	Dive deeper into the concept of differentiated instruction and how it provides access for all students.
<b>PDX-103</b>	PD Express: Family Partnerships	Examine why partnering with families and building strong relationships enables you to garner more support for your classroom work.
<b>PDX-104</b>	PD Express: Exits & Transitions	Learn and analyze effective exits so that you can use lesson closure as formative assessment.
<b>PDX-105</b>	PD Express: Culturally Responsive Teaching	Build your capacity to be culturally-responsive with both adults and children. Observe, reflect, and take risks to enhance your educational impact.
<b>PDX-106</b>	PD Express: Classroom Culture	Examine various elements of classroom culture so that you can better establish routines and maintain a positive classroom environment.
<b>PDX-107</b>	PD Express: Gesture Like You Mean It	Inspect the ways in which body language can impact classroom culture and learning.

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Course #	Course Title	Course Description
<b>PDX-108</b>	PD Express: Grapple with Groups & Centers	Learn about multiple strategies for implementing collaborative group experiences so that you can confidently manage the process.
<b>PDX-109</b>	PD Express: Play up Participation	Add additional tools to your toolkit by investigating strategies to increase and organize student participation.
<b>PDX-110</b>	PD Express: Vocabulary Venture	Examine various approaches to teaching vocabulary to students.
<b>PDX-111</b>	PD Express: Try Out Transitions	Explore various ways to handle transitions so that you can move smoothly and effectively between activities in the classroom.
<b>PDX-112</b>	PD Express: Strengthen Classroom Culture	Learn about strengthening your classroom culture, so that you can make everyday experiences for students in our schools a positive one.
<b>PDX-113</b>	PD Express: Universal Design for Learning	Explore UDL and put what you learn into practice.
<b>PDX-114</b>	PD Express: Elementary Reading Comprehension Strategies	Focus on supportive reading comprehension strategies for the elementary grades.
<b>PDX-115</b>	PD Express: Elementary Reading Fluency Strategies	Focus on supportive reading fluency strategies for the elementary grades.
<b>PDX-116</b>	PD: Express: Personalization through Technology	Explore the importance and value of using technology to support and personalize student learning.
<b>PDX-117</b>	PD Express: Digging Into Data	Explore the role of data in being better responsive to student needs.
<b>PDX-118</b>	PD Express: Social and Emotional Learning	Investigate the various aspects of social emotional learning.

# LEARNING PLANS: 2-4 hr courses

Course #	Course Title	Course Description
<b>LP-101</b>	Amp Up Attention	Explore multiple strategies for getting students attention so that you can move them forward without wasting time.
<b>LP-102</b>	Argument, Reading, Writing & Speaking Arcade	Investigate what disciplinary arguments look like in various contexts so that you can analyze your implementation of either opinion, persuasive, or argumentative writing.
<b>LP-103</b>	Craft Classroom Culture	Examine various elements of classroom culture so that you can better establish routines and maintain a positive classroom environment.
<b>LP-104</b>	Curious About Culturally Responsive Teaching?	Build your capacity to be culturally-responsive with both adults and children. Observe, reflect, and take risks to enhance your educational impact.
<b>LP-105</b>	Danielson Mini-Cycle Domain 1: Planning & Preparation	Analyze and act on Danielson Framework Domain 1: Planning and Preparation.
<b>LP-106</b>	Danielson Mini-Cycle Domain 2: The Classroom Environment	Analyze and act on Danielson Framework Domain 2: The Classroom Environment.
<b>LP-107</b>	Danielson Mini-Cycle Domain 3: Instruction	Analyze and act on Danielson Framework Domain 3: Instruction.
<b>LP-108</b>	Danielson Mini-Cycle Domain 4: Professional Responsibilities	Analyze and act on Danielson Framework Domain 4: Professional Responsibilities.
<b>LP-109</b>	Deep Dive into Classroom Discourse	Explore a number of vignettes illustrating student discourse and analyze the elements which exemplify students building on others' ideas and expressing their own clearly and persuasively. After completion, you'll be ready to implement more effective discourse in the classroom. This group was co-created with Jenn Clark from Ontario-Montclair.

# LEARNING PLANS: 2-4 hr courses

Course #	Course Title	Course Description
<b>LP-110</b>	Design Project-Based Learning	Investigate the components of project-based learning and design units that you can use with your students.
<b>LP-111</b>	Differentiation to Reach All Students	Dive deeper into the concept of differentiated instruction and how it provides access for all students.
<b>LP-112</b>	Digging into Data	Explore how to use data to be more responsive to student needs.
<b>LP-113</b>	Dimensions of Math Instructions for Early Grades	Analyze and try out new ways to do math with your students. Investigate methods that will invigorate your practice and make you a more thoughtful practitioner.
<b>LP-114</b>	Engaging Students with Writing	Review and try out several approaches to writing instruction. You will analyze videos to see various approaches to implement with your own students.
<b>LP-116</b>	Excursion into Exits	Learn and analyze effective exits so that you can use lesson closure as formative assessment.
<b>LP-117</b>	Formative Assessment	Explore formative and summative assessments from a number of angles.
<b>LP-118</b>	Fostering Family Partnerships	Examine why partnering with families and building strong relationships enables you to garner more support for your classroom work.
<b>LP-119</b>	Foundations of Instruction - Elementary	Dive into video models to unpack teachers' instructional moves and students' thinking across foundational instructional practices - including anticipatory set, priming, establishing goals, sustaining group work, and more.
<b>LP-120</b>	Foundations of Instruction - Secondary	Dive into video models to unpack teachers' instructional moves and students' thinking across foundational instructional practices - including anticipatory set, priming, establishing goals, sustaining group work, and more.

# LEARNING PLANS: 2-4 hr courses

Course #	Course Title	Course Description
<b>LP-121</b>	Gesture Like You Mean It	Inspect the ways in which body language can impact classroom culture and learning.
<b>LP-122</b>	Grapple with Groups and Centers	Scout out multiple strategies for implementing collaborative group experiences so that you can confidently manage the process.
<b>LP-123</b>	How to Use Google Classroom	Reviews the essentials of using Google Classroom.
<b>LP-124</b>	International Society for Technology in Education (ITSE)	Provides video content representative of the International Society for Technology in Education (ITSE) standards for Educators and Students.
<b>LP-125</b>	Management & Engagement	Review various management and engagement techniques to try out with your students.
<b>LP-126</b>	Marzano Focused Teacher Evaluation Model - Video Lists for Standards 4-20	This learning cycle provides videos that align to standards 4-20 in the Marzano Framework. Educators can use practice examples to learn about implementation.
<b>LP-127</b>	New Teacher Kick-Starter	Provides guidance and resources to support planning and implementation during the first weeks of school, beginning with the teacher in-service week.
<b>LP-128</b>	Personalize Learning Through Technology	Investigate how to personalize instruction through the use of technology to better serve all of your students.
<b>LP-129</b>	Play Up Participation	Add additional tools to your toolkit by investigating strategies to increase and organize student participation.
<b>LP-130</b>	Prewriting Promenade	Examine various prewriting strategies so that you can more effectively choose the strategy that best fits your students' writing needs.
<b>LP-131</b>	Social Emotional Learning	Investigate the various aspects of social emotional learning.

# LEARNING PLANS: 2-4 hr courses

Course #	Course Title	Course Description
<b>LP-132</b>	Standing with STEM in the Early Grades	Engage young students in science and explore various approaches to STEM education related to NGSS. You will become more fully versed in how to solidly lead your students in inquiry across various dimensions.
<b>LP-133</b>	Supporting Students Through Reading Strategies	Investigate several approaches to reading instruction so that you can more effectively choose the strategy that best fits your students' reading needs
<b>LP-134</b>	Try Out Transitions	Explore various ways to handle transitions so that you can move smoothly and effectively between activities in the classroom.
<b>LP-135</b>	Universal Design for Learning	Explore UDL and put what you learn into practice.
<b>LP-136</b>	Unpacking the CCSS & Content Area Standards	Investigate the CCSS and other standards frameworks to make key shifts in your classroom practice.
<b>LP-137</b>	Vocabulary Venture	Examine various approaches to teaching vocabulary to students.
<b>LP-138</b>	Writing Across Content Areas	Explore how to approach writing in a number of content areas so that all disciplines are working toward improving student writing skills.
<b>LP-139</b>	Writing: The Revising Rucksack	Analyze revision strategies so that you can practice, implement, and analyze revision strategies with your students.
<b>LP-140</b>	Leading by Learning	Engage with other instructional leaders to share struggles, exchange promising practices, and partner in learning. Work together to be strong instructional leaders to help all students thrive.
<b>LP-141</b>	STEM Grades K-3	Explore how STEM learning can advance student understanding, make connections between content, and engage with content that has meaning in their lives for Kindergarten-3rd grade.

# LEARNING PLANS: 2-4 hr courses

Course #	Course Title	Course Description
<b>LP-142</b>	STEM Grades 4-5	Explore how STEM learning can advance student understanding, make connections between content, and engage with content that has meaning in their lives for grades 4-5.
<b>LP-143</b>	Need to Know the Next Generation Science Standards in Elementary?	Investigate the Next Generation Science Standards and three-dimensional learning to make key shifts in your classroom practice.
<b>LP-144</b>	Need to Know the Next Generation Science Standards in Middle School?	Investigate the Next Generation Science Standards and three-dimensional learning to make key shifts in your classroom practice.
<b>LP-145</b>	Need to Know the Next Generation Science Standards in High School?	Investigate the Next Generation Science Standards and three-dimensional learning to make key shifts in your classroom practice.
<b>LP-146</b>	New Teacher Learning Plan: Writing Compliant Goals and Objectives	Explore how to compose goals for an Individualized Education Program (IEP) so that you can provide targeted goals that meet the requirements and help students thrive.
<b>LP-147</b>	New Teacher Learning Plan: Accommodations and Modifications	Explore how you can honor and design equitable accommodations and modifications to provide students with entry points for learning.
<b>LP-148</b>	New Teacher Learning Plan: Managing Paraprofessionals	Learn how to best support and coach paraprofessionals to ensure that your paraprofessionals develop and thrive in their role.
<b>LP-149</b>	New Teacher Learning Plan: Using Data to Drive Specialized Instruction	Learn how to make use of multiple sources of data and utilize the information to address student needs.
<b>LP-150</b>	New Teacher Learning Plan: Assistive Technology	Learn how to utilize assistive technology and how to best leverage these resources for supporting learners.

# LEARNING PLANS: 2-4 hr courses

Course #	Course Title	Course Description
<b>LP-151</b>	New Teacher Learning Plan: Co-Teaching and Collaboration	Learn from examples of co-planning and collaboration processes to prepare for co-planning instruction.
<b>LP-152</b>	New Teacher Learning Plan: Universal Design for Learning (UDL)	Gain an understanding of Universal Design for Learning (UDL) and integrate this design process into your planning and instruction.
<b>LP-153</b>	Grades K-2 Positive Behavior Strategies	Learn about Positive Behavior Interventions and Supports (PBIS) so that you can design learning experiences that are responsive to student learning needs for Kindergarten - second grade classrooms.
<b>LP-154</b>	Grades 3-5 Positive Behavior Strategies	Learn about Positive Behavior Interventions and Supports (PBIS) so that you can design learning experiences that are responsive to student learning needs for grades 3-5 classrooms.
<b>LP-155</b>	Grades 6-12 Positive Behavior Supports	Learn about Positive Behavior Interventions and Supports (PBIS) so that you can design learning experiences that are responsive to student learning needs for grades 6-12 classrooms.
<b>LP-156</b>	The Bully, the Bullied, and the Bystander	Learn ways of engaging and addressing all involved in a bullying scenario to become prepared with the knowledge, tools, and skills to resolve situations at school.
<b>LP-157</b>	Introduction to Positive Behavior Supports	Learn about Positive Behavior Interventions and Supports (PBIS) in order to design learning experiences that are responsive to student learning needs.
<b>LP-158</b>	Building Relationships in Your Diverse Classroom	Learn techniques and ways of building relationships with all of your learners so that you can connect and create learning experiences that are responsive to student learning needs.



# LEARNING PLANS: 2-4 hr courses

Course #	Course Title	Course Description
<b>LP-159</b>	Restorative Justice and Conflict Resolution	Gain a starting understanding of restorative justice and conflict resolution. You'll then be able to integrate these practices into your planning, instruction, and community.
<b>LP-160</b>	Strengthening School Culture and Community	Learn about strengthening your school culture and community partnerships and how to leverage this support in designing and engaging students in active learning.

# PROFESSIONAL DEVELOPMENT: 10 hr courses

Course #	Course Title	Course Description
<b>LE-121</b>	Social and Emotional Learning: The Elements of Success	This offering will provide a base of knowledge specific to social and emotional learning (SEL) for educators. Participants will learn the benefits of SEL teaching and learning and investigate five SEL competencies. Participants will choose competencies of focus, and then, read articles and view videos to provide context for application to the classroom.
<b>LE-122</b>	Personalized Learning - Getting Started	This course provides foundational information on personalized learning including benefits and strategies for implementation. Participants will explore documents, resources, and ideas to move students to the center of teaching and learning and fully involve them in their own education.

# PROFESSIONAL DEVELOPMENT: 10 hr courses

Course #	Course Title	Course Description
<b>LE-123</b>	Foundations of Trauma - Sensitive Teaching	Each year thousands of children experience trauma—such as divorce, separation, abuse, or neglect—that makes it difficult for them to thrive in our classrooms. This course provides an introduction to the effects of childhood trauma on student growth and development. You will also explore how trauma-informed teaching practices can help students develop the trust and relationships they need to find success.
<b>LE-124</b>	Culturally Responsive Teaching: Awareness to Action	In this course, educators will explore the foundations of culturally relevant teaching—what it is, why it’s important—and learn actionable strategies to ensure that students of all backgrounds have equitable opportunities for success.
<b>LE-125</b>	Balance in the Digital World	This course will help to build your understanding of how students use technology in their own lives and how that impacts your students through the latest research and assessments. You will learn how you can use that knowledge to build classrooms where technology is used to complement learning, all while keeping balance in mind.
<b>LE-126</b>	Educator Self-Care and Resilience to Avoid Teacher Burnout	This engaging professional development offering provides introductory information on teacher burnout including warning signs and causes. The participant will learn about the concept of educator resilience and discover strategies to build resilience and implement self-care to avoid teacher burnout. The information provided in this course is important for every teacher!

# PROFESSIONAL DEVELOPMENT: 10 hr courses

Course #	Course Title	Course Description
<b>LE-127</b>	Instructional Strategies to Power Up Teaching and Learning	This engaging professional development offering provides another important opportunity to upgrade your teaching toolkit through a review of instructional strategies that work. The participant will learn evidence-based current strategies to increase engagement and student learning outcomes by setting high expectations. The information provided in this course is worthwhile and empowering for every K-12 teacher - in all content areas!
<b>LE-128</b>	Taming the Lion of Anxiety	The most common mental health diagnosis in the United States is anxiety. Over 2.8 million children arrive at school feeling anxious and struggling to learn ways to manage and cope with their distress. In this course, you will learn what anxiety is, what it looks like in the classroom, and how anxiety can feel like being “chased by a lion.” The good news is, this course will provide you with teacher strategies, practices, and suggestions for helping your students to tame the lion of anxiety.
<b>LE-129</b>	Understanding the Needs of Students in Poverty	This course provides an introduction to the challenges faced by students living in poverty. Through this study, you will learn how poverty can impact student health, development, and engagement in school. You will also explore strategies to help students overcome these adverse effects to boost connections and success in the classroom.

# PROFESSIONAL DEVELOPMENT: 10 hr courses

Course #	Course Title	Course Description
<b>LE-130</b>	Family Engagement and Parent Communication for Student Success	Are you looking for new ways to engage families or communicate with parents of students in your classroom? Do you want to improve your teamwork with parents to maximize student outcomes? This course provides a review of the ever-important family engagement and parent communication components of your professional work. It highlights the benefits of consistent and effective family engagement and parent communication and offers a treasure-trove of strategies and resources to help you tap into parent power for student success!
<b>LE-131</b>	Reading Focus: Vocabulary and Comprehension	This engaging professional development offering provides a focus on the reading process and two critical elements of reading for meeting the needs of all readers. The participant will learn about vocabulary and comprehension to discover current strategies to bolster their teaching toolkit. The information provided in this course is important for every K-12 teacher - in all content areas!
<b>LE-132</b>	Teaching 21st Century Skills Through the 4 C's	This offering will help participants understand the basic concept of 21st Century skills including the 4 C's of critical thinking, communication, collaboration and creativity. Participants will have the opportunity to read about and view examples, strategies and resources for teaching the 4 C's. Additionally, they will reflect on the usability and applicability of the resources provided to improve their own professional practice.

# PROFESSIONAL DEVELOPMENT: 10 hr courses

Course #	Course Title	Course Description
<b>LE-133</b>	Making Sense of Adolescence	Adolescence, with its well-known challenges, has many opportunities and triumphs, too! Learn about adolescent development and practices which will help to ensure your students safely and successfully navigate their way from childhood to adulthood. Understand how trauma, substance abuse, peer pressure, and social media impact behavior and brain development, and gather information for supporting students as they steer their way through this transformative time.
<b>LE-134</b>	Positive and Proactive Strategies for Classroom Management	This course for every educator will focus on proactively developing expectations, routines and structures to improve classroom management. Participants will learn about relationship building, classroom community/ culture and basic behavior strategies. They will also have the opportunity to extend their learning on strategies that will increase the likelihood of success with classroom management like teaching social and emotional skills, using trauma informed practices, and practicing mindfulness.
<b>LE-135</b>	Substance Abuse Signs, Symptoms and Strategies	Grow in your understanding about addiction including the warning signs, intervention ideas and prevention strategies. Learn why and how youth use substances and explore resources to teach students about the life-long effects of alcohol, tobacco, and other drugs.
<b>LE-136</b>	Making Your Mark with Makerspaces	This course introduces teachers to the world of possibilities with makerspaces for students, specifically how they promote grit, persistence, creativity, innovation, and problem-solving, while helping students connect classroom lessons to their “real worlds.” You will investigate the benefits of a maker mindset, the relationship with STEM, and how makerspaces promote community in a school by also engaging parents and community members.

# PROFESSIONAL DEVELOPMENT: 10 hr courses

Course #	Course Title	Course Description
<b>LE-137</b>	Ten Amazing Instructional Strategies for English Learners	Discover instructional strategies to engage and support EL students in your classroom. Learn the importance of vocabulary instruction, cultural relevancy, linguistic accommodations and more as you explore a variety of methods and activities that can be applied in preK-12 classrooms.
<b>LE-138</b>	Championing the Genius of Play	If you want your students to learn, be sure they play! Explore the history of play, review the different types and grow in your understanding of how children learn through play. Discover ideas for including play in your curriculum and find out why adults should include play in their day, too. Learn how play lays the groundwork for future genius and why researchers champion play as the best teaching tool in town!
<b>LE-139</b>	Mindful Teachers, Mindful Students	Are you looking for new ways to create balance and manage stress? Are you interested in bringing a few mindfulness strategies into your everyday teaching routine? Join us for this engaging course on the power of mindful thinking! Based in research and grounded in practical strategies, this course introduces the benefits of present-focus awareness. We'll start with the basics and explore some simple first steps to bring mindfulness into your own life and your students' lives!
<b>LE-140</b>	Educational Access for All: Universal Design for Learning	This course will provide foundational information on the framework of Universal Design for Learning (UDL.) The participant will learn UDL guidelines specific to brain research, developing expert learners, lesson planning and assessment. The participant will take away ideas for implementation and resources to continue learning about UDL.

# PROFESSIONAL DEVELOPMENT: 10 hr courses

Course #	Course Title	Course Description
<b>LE-141</b>	Mental Health Basics for School Staff	This course provides basic and in-depth information on mental health in schools. Course participants will review information on specific types of mental health disorders, warning signs, suicide prevention and provision of accommodations for students with mental health challenges. Participants will also review resources to assist with development and/or revision of suicide prevention plans, accessing local resources, and developing activities to reduce the stigma of mental health.
<b>LE-142</b>	The Essentials of Effective Online Teaching	Discover the essential elements of an effective and engaging online classroom. Teachers looking to make a shift from traditionally face-to-face instruction to online teaching or those looking to simply infuse more online lessons into the curriculum will find this course valuable. Learn about best practices for developing high-quality tech-based lessons, facilitating online discussions, and incorporating a host of digital tools to support learning goals.
<b>LE-143</b>	Ensuring Equity in Online Education	Searching for methods to ensure equity in your online classroom? This course provides information and best practices on the topic for educators teaching in blended, online or distance learning environments. To reach and teach all learners, participants will investigate challenges and solutions surrounding digital equity, that affect English Learners, students receiving special education, and students without internet at home. Additionally, they will review and reflect on methods for connecting with students, parents, and other educators, and use culturally responsive teaching strategies to ensure equity when teaching online.