

PHYSICAL EDUCATION

Students in grades one through twelve are required to participate in physical education courses. ~~unless they are excused~~ **Students who are physically unable will be assessed using the presidential physical fitness test. Otherwise, students may be excused from physical education course** by the principal of their attendance center.

Students may be excused from physical education courses if the student presents a written statement from a doctor stating that such activities could be injurious to the health of the student or the student has been exempted because of a conflict with the student's religious beliefs.

Students in grades 9-12 may also be excused from physical education courses if:

- the student is enrolled in academic courses not otherwise available, or
- the student has obtained a physical education waiver for a semester because the student is actively involved in an athletic program or marching band.
- the student is participating in the Legislative Page Program at the state capitol for a regular session of the general assembly; or
- the student is enrolled in a junior reserve officer training corps.

Twelfth grade students may also be excused from physical education courses if the student is enrolled in a cooperative, work study or other educational program authorized by the school which requires the student's absence from school.

Students who will not participate in physical education must have a written request or statement from their parents.

Legal Reference: Iowa Code § 256.11
281 I.A.C. 12.5.

Cross Reference: 504 Student Activities
603 Instructional Curriculum